

17 jaar, Dames

1-1-1980-30-8-2023

Alleen vereniging: 10-051

**25 vrije slag**

Petra Vermeulen	90	10-051	14.34	21-6-08
Tamara Hoogenboom	90	10-051	14.59	21-6-08

**50 vrije slag**

Megan Wainwright	95	10-051	28.78	20-1-13
Kassidy Dawn	99	10-051	29.32	9-3-17
Helen Nie	96	10-051	29.44	7-3-13
Karin Simons	89	10-051	29.54	17-12-06
Lucy Kirkwood	99	10-051	29.61	14-1-17
Jasmine el Taraboulsi	01	10-051	29.80	1-12-18
Nuria Boersma	01	10-051	30.14	14-4-19
Petra Vermeulen	90	10-051	30.15	6-4-08
Michelle Bellekom	96	10-051	30.17	8-12-13
Marina Welsh	95	10-051	30.46	23-9-12

**100 vrije slag**

Megan Wainwright	95	10-051	1:04.16	30-9-12
Karin Simons	89	10-051	1:04.54	1-10-06
Jasmine el Taraboulsi	01	10-051	1:04.62	17-11-18
Michelle Bellekom	96	10-051	1:04.67	9-3-14
Tamara Hoogenboom	90	10-051	1:04.69	4-5-08
Nuria Boersma	01	10-051	1:05.49	24-3-19
Kassidy Dawn	99	10-051	1:05.73	10-3-17
Marina Welsh	95	10-051	1:06.65	20-1-13
Lucy Kirkwood	99	10-051	1:06.70	10-3-17
Petra Vermeulen	90	10-051	1:07.36	24-5-08

**200 vrije slag**

Megan Wainwright	95	10-051	2:21.13	30-9-12
Tamara Hoogenboom	90	10-051	2:21.64	18-5-08
Karin Simons	89	10-051	2:22.38	25-11-06
Michelle Bellekom	96	10-051	2:27.62	10-11-13
Jasmine el Taraboulsi	01	10-051	2:27.83	13-1-19
Nuria Boersma	01	10-051	2:27.93	13-1-19
Hannah Mckenzie	96	10-051	2:30.49	10-11-13
Maya Ball	02	10-051	2:30.95	6-10-19
<b>Marit Knevel</b>	<b>05</b>	<b>10-051</b>	<b>2:33.61</b>	<b>19-3-23</b>
Dagmar Ros	04	10-051	2:34.34	14-11-21

**400 vrije slag**

Tamara Hoogenboom	90	10-051	4:53.26	17-5-08
Karin Simons	89	10-051	5:08.55	17-2-07
<b>Marit Knevel</b>	<b>05</b>	<b>10-051</b>	<b>5:14.75</b>	<b>19-3-23</b>
Dagmar Ros	04	10-051	5:15.81	14-11-21
Petra Vermeulen	90	10-051	5:25.61	23-9-07
Jasmine el Taraboulsi	01	10-051	5:26.09	13-10-18
Michelle Bellekom	96	10-051	5:32.18	6-10-13
Moira Loechteken	00	10-051	5:37.13	5-11-17
Silvia Remmerswaal	86	10-051	5:39.55	19-10-03
Joanna Konings	86	10-051	5:56.47	19-10-03

**800 vrije slag**

Tamara Hoogenboom	90	10-051	10:24.93	4-11-07
Karin Simons	89	10-051	10:51.44	5-2-06
Jasmine el Taraboulsi	01	10-051	11:07.97	13-10-18
Rachael Kretsch	96	10-051	12:47.11	12-10-13
Amanda Hoogenboom	92	10-051	12:59.45	28-2-10

**1500 vrije slag**

Tamara Hoogenboom	90	10-051	20:20.48	2-12-07
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**25 rugslag**

Petra Vermeulen	90	10-051	17.33	21-6-08
Tamara Hoogenboom	90	10-051	17.48	21-6-08

**50 rugslag**

Michelle Bellekom	96	10-051	33.22	6-10-13
Jasmine el Taraboulsi	01	10-051	33.58	21-10-18
Nuria Boersma	01	10-051	34.94	14-4-19
Marina Welsh	95	10-051	35.02	11-11-12
Karin Simons	89	10-051	35.07	22-4-07
Tamara Hoogenboom	90	10-051	35.34	4-5-08
Petra Vermeulen	90	10-051	35.75	24-5-08
Kristiann Koris	97	10-051	36.00	13-3-15
Dagmar Ros	04	10-051	36.02	27-3-22
Fabienne de Ruijter	89	10-051	36.58	21-5-06

**100 rugslag**

Michelle Bellekom	96	10-051	1:11.29	5-1-14
Jasmine el Taraboulsi	01	10-051	1:12.81	7-10-18
Marina Welsh	95	10-051	1:13.23	7-4-13
Tamara Hoogenboom	90	10-051	1:15.54	9-3-08
Karin Simons	89	10-051	1:16.76	23-4-06
Lucy Kirkwood	99	10-051	1:17.02	10-3-17
Hannah Mckenzie	96	10-051	1:17.47	19-1-14
Megan Wainwright	95	10-051	1:17.80	20-1-13
Maya Ball	02	10-051	1:18.23	19-7-20
Dagmar Ros	04	10-051	1:18.25	13-3-22

**200 rugslag**

Michelle Bellekom	96	10-051	2:33.10	9-3-14
Marina Welsh	95	10-051	2:37.04	20-1-13
Megan Wainwright	95	10-051	2:38.12	20-1-13
Hannah Mckenzie	96	10-051	2:40.06	19-1-14
Jasmine el Taraboulsi	01	10-051	2:40.70	24-3-19
Tamara Hoogenboom	90	10-051	2:43.04	18-5-08
Karin Simons	89	10-051	2:45.50	10-2-07
Nuria Boersma	01	10-051	2:46.25	10-2-19
Marit Knevel	05	10-051	2:47.99	30-10-22
Maya Ball	02	10-051	2:48.27	12-1-20

**25 schools slag**

Petra Vermeulen	90	10-051	17.31	21-6-08
Tamara Hoogenboom	90	10-051	18.54	21-6-08

**50 schoolslag**

Kassidy Dawn	99	10-051	35.34	9-3-17
Helen Nie	96	10-051	37.85	7-3-13
Lara Plazier	00	10-051	37.88	8-3-18
Nuria Boersma	01	10-051	37.92	13-1-19
Petra Vermeulen	90	10-051	38.04	29-6-08
Jasmine el Taraboulsi	01	10-051	39.10	25-11-18
Michelle Bellekom	96	10-051	39.44	8-12-13
Karin Simons	89	10-051	39.60	14-5-06
Tamara Hoogenboom	90	10-051	40.04	20-4-08
Maya Ball	02	10-051	40.52	3-11-19

**200 schoolslag**

Nuria Boersma	01	10-051	2:56.56	7-10-18
Jasmine el Taraboulsi	01	10-051	3:02.71	7-10-18
Petra Vermeulen	90	10-051	3:03.40	9-3-08
Karin Simons	89	10-051	3:08.65	12-3-06
Megan Wainwright	95	10-051	3:09.85	10-3-13
Maya Ball	02	10-051	3:10.27	12-1-20
Tamara Hoogenboom	90	10-051	3:11.42	13-1-08
Marina Welsh	95	10-051	3:19.54	10-3-13
Fabienne de Ruijter	89	10-051	3:21.91	12-3-06
Moira Loechteken	00	10-051	3:22.25	1-10-17

**50 vlinderslag**

Jasmine el Taraboulsi	01	10-051	31.67	21-10-18
Karin Simons	89	10-051	32.32	22-4-07
Megan Wainwright	95	10-051	32.44	30-9-12
Petra Vermeulen	90	10-051	33.11	30-3-08
Michelle Bellekom	96	10-051	33.27	8-12-13
Nuria Boersma	01	10-051	33.33	14-4-19
Tamara Hoogenboom	90	10-051	33.88	24-2-08
Helen Nie	96	10-051	34.20	8-3-13
Maya Ball	02	10-051	34.93	12-1-20
Marit Knevel	05	10-051	35.38	19-3-23

**200 vlinderslag**

Tamara Hoogenboom	90	10-051	2:50.24	15-3-08
Joanna Konings	86	10-051	3:22.30	23-2-03
Amanda Hoogenboom	92	10-051	3:22.45	20-3-10
Silvia Remmerswaal	86	10-051	3:42.87	23-2-03

**200 wisselslag**

Michelle Bellekom	96	10-051	2:38.55	19-1-14
Tamara Hoogenboom	90	10-051	2:39.18	6-4-08
Jasmine el Taraboulsi	01	10-051	2:40.02	18-11-18
Megan Wainwright	95	10-051	2:41.36	11-11-12
Karin Simons	89	10-051	2:43.12	25-11-06
Maya Ball	02	10-051	2:47.54	3-11-19
Petra Vermeulen	90	10-051	2:49.24	28-6-08
Helen Nie	96	10-051	2:49.70	8-3-13
Marina Welsh	95	10-051	2:50.43	11-11-12
Dagmar Ros	04	10-051	2:50.69	19-9-21

**100 schoolslag**

Kassidy Dawn	99	10-051	1:15.99	9-3-17
Lara Plazier	00	10-051	1:21.09	8-3-18
Nuria Boersma	01	10-051	1:22.22	13-1-19
Helen Nie	96	10-051	1:22.50	7-3-13
Jasmine el Taraboulsi	01	10-051	1:22.99	25-11-18
Petra Vermeulen	90	10-051	1:23.98	25-11-07
Iris de Jong	91	10-051	1:26.07	16-11-08
Maya Ball	02	10-051	1:26.36	6-10-19
Karin Simons	89	10-051	1:26.50	23-4-06
Tamara Hoogenboom	90	10-051	1:27.84	17-5-08

**25 vlinderslag**

Petra Vermeulen	90	10-051	15.48	21-6-08
Tamara Hoogenboom	90	10-051	15.48	21-6-08

**100 vlinderslag**

Megan Wainwright	95	10-051	1:12.19	30-9-12
Karin Simons	89	10-051	1:13.27	10-12-06
Jasmine el Taraboulsi	01	10-051	1:13.29	25-11-18
Tamara Hoogenboom	90	10-051	1:14.77	9-3-08
Michelle Bellekom	96	10-051	1:17.98	19-1-14
Maya Ball	02	10-051	1:18.90	3-11-19
Dagmar Ros	04	10-051	1:21.31	24-4-22
Marina Welsh	95	10-051	1:23.82	18-11-12
Silvia Remmerswaal	86	10-051	1:30.56	5-10-03
Marieke Vledder	05	10-051	1:30.62	20-11-22

**100 wisselslag**

Jasmine el Taraboulsi	01	10-051	1:12.85	1-12-18
Megan Wainwright	95	10-051	1:13.27	10-3-13
Petra Vermeulen	90	10-051	1:14.60	16-9-07
Michelle Bellekom	96	10-051	1:15.45	1-12-13
Maya Ball	02	10-051	1:15.83	6-10-19
Karin Simons	89	10-051	1:15.84	1-10-06
Marina Welsh	95	10-051	1:16.51	30-9-12
Tamara Hoogenboom	90	10-051	1:16.65	16-9-07
Dagmar Ros	04	10-051	1:17.97	3-10-21
Lara Plazier	00	10-051	1:18.94	1-10-17

**400 wisselslag**

Tamara Hoogenboom	90	10-051	5:56.64	30-3-08
Karin Simons	89	10-051	6:01.67	2-4-06
Dagmar Ros	04	10-051	6:06.01	27-3-22