

18 jaar, Dames

1-1-1980-30-8-2023

Alleen vereniging: 10-051

25 vrije slag

| | | | | |
|---------------------|----|--------|-------|---------|
| Karin Simons | 89 | 10-051 | 14.10 | 21-6-08 |
| Petra Vermeulen | 90 | 10-051 | 14.23 | 20-6-09 |
| Tamara Hoogenboom | 90 | 10-051 | 14.71 | 20-6-09 |
| Fabienne de Ruijter | 89 | 10-051 | 14.93 | 21-6-08 |

50 vrije slag

| | | | | |
|-------------------|----|--------|-------|---------|
| Megan Wainwright | 95 | 10-051 | 28.95 | 8-3-13 |
| Karin Simons | 89 | 10-051 | 29.48 | 30-3-08 |
| Michelle Bellekom | 96 | 10-051 | 29.64 | 19-4-15 |
| Grace Anderson | 02 | 10-051 | 29.73 | 4-10-20 |
| Moira Loechteken | 00 | 10-051 | 30.13 | 23-3-19 |
| Marina Welsh | 95 | 10-051 | 30.19 | 8-12-13 |
| Cathelijin Bogers | 01 | 10-051 | 30.68 | 12-1-20 |
| Petra Vermeulen | 90 | 10-051 | 30.70 | 21-6-09 |
| Nuria Boersma | 01 | 10-051 | 30.77 | 12-1-20 |
| Tamara Hoogenboom | 90 | 10-051 | 31.48 | 5-4-09 |

100 vrije slag

| | | | | |
|-------------------|-----------|---------------|----------------|---------------|
| Megan Wainwright | 95 | 10-051 | 1:00.40 | 8-3-13 |
| Cathelijin Bogers | 01 | 10-051 | 1:03.86 | 12-1-20 |
| Karin Simons | 89 | 10-051 | 1:04.45 | 24-5-08 |
| Michelle Bellekom | 96 | 10-051 | 1:04.68 | 10-1-15 |
| Marina Welsh | 95 | 10-051 | 1:06.08 | 8-3-13 |
| Tamara Hoogenboom | 90 | 10-051 | 1:06.30 | 17-5-09 |
| Petra Vermeulen | 90 | 10-051 | 1:06.83 | 7-6-09 |
| Moira Loechteken | 00 | 10-051 | 1:06.93 | 24-3-19 |
| Nuria Boersma | 01 | 10-051 | 1:07.00 | 12-1-20 |
| Dagmar Ros | 04 | 10-051 | 1:09.86 | 2-4-23 |

200 vrije slag

| | | | | |
|--------------------|----|--------|---------|----------|
| Megan Wainwright | 95 | 10-051 | 2:12.98 | 7-3-13 |
| Tamara Hoogenboom | 90 | 10-051 | 2:22.49 | 16-5-09 |
| Michelle Bellekom | 96 | 10-051 | 2:25.32 | 11-1-15 |
| Marina Welsh | 95 | 10-051 | 2:26.32 | 10-11-13 |
| Karin Simons | 89 | 10-051 | 2:27.36 | 25-11-07 |
| Moira Loechteken | 00 | 10-051 | 2:30.07 | 7-3-19 |
| Petra Vermeulen | 90 | 10-051 | 2:34.14 | 16-11-08 |
| Ingeborg Efdée | 97 | 10-051 | 2:35.53 | 15-11-15 |
| Nuria Boersma | 01 | 10-051 | 2:39.20 | 6-10-19 |
| Silvia Remmerswaal | 86 | 10-051 | 2:41.63 | 1-2-04 |

400 vrije slag

| | | | | |
|---------------------------|-----------|---------------|----------------|----------------|
| Tamara Hoogenboom | 90 | 10-051 | 4:56.60 | 24-5-09 |
| Karin Simons | 89 | 10-051 | 5:21.67 | 4-11-07 |
| Moira Loechteken | 00 | 10-051 | 5:28.94 | 4-11-18 |
| Aukje van Tongeren | 04 | 10-051 | 5:37.52 | 19-3-23 |
| Silvia Remmerswaal | 86 | 10-051 | 5:41.93 | 7-3-04 |
| Ingeborg Efdée | 97 | 10-051 | 5:45.76 | 7-2-16 |
| Amanda Hoogenboom | 92 | 10-051 | 5:57.73 | 23-1-11 |
| Joanna Konings | 86 | 10-051 | 6:03.71 | 7-3-04 |

800 vrije slag

| | | | | |
|-------------------|----|--------|----------|---------|
| Tamara Hoogenboom | 90 | 10-051 | 10:26.61 | 1-3-09 |
| Karin Simons | 89 | 10-051 | 10:51.93 | 4-11-07 |
| Moira Loechteken | 00 | 10-051 | 11:47.18 | 6-1-19 |
| Amanda Hoogenboom | 92 | 10-051 | 12:32.05 | 12-9-10 |

1500 vrije slag

| | | | | |
|-------------------|----|--------|----------|----------|
| Tamara Hoogenboom | 90 | 10-051 | 20:02.35 | 7-12-08 |
| Amanda Hoogenboom | 92 | 10-051 | 24:20.38 | 12-12-10 |

25 rugslag

| | | | | |
|---------------------|----|--------|-------|---------|
| Karin Simons | 89 | 10-051 | 16.64 | 21-6-08 |
| Petra Vermeulen | 90 | 10-051 | 16.76 | 20-6-09 |
| Tamara Hoogenboom | 90 | 10-051 | 17.64 | 20-6-09 |
| Fabienne de Ruijter | 89 | 10-051 | 17.79 | 21-6-08 |

50 rugslag

| | | | | |
|-------------------|-----------|---------------|--------------|----------------|
| Michelle Bellekom | 96 | 10-051 | 33.82 | 19-4-15 |
| Cathelijin Bogers | 01 | 10-051 | 34.31 | 19-7-20 |
| Karin Simons | 89 | 10-051 | 34.98 | 29-6-08 |
| Marina Welsh | 95 | 10-051 | 35.05 | 8-12-13 |
| Dagmar Ros | 04 | 10-051 | 35.64 | 2-10-22 |
| Petra Vermeulen | 90 | 10-051 | 36.51 | 3-5-09 |
| Moira Loechteken | 00 | 10-051 | 36.59 | 23-3-19 |
| Sabrina Everard | 94 | 10-051 | 36.66 | 14-4-13 |
| Kristiann Koris | 97 | 10-051 | 36.67 | 10-3-16 |
| Grace Anderson | 02 | 10-051 | 36.77 | 4-10-20 |

100 rugslag

| | | | | |
|-------------------|----|--------|---------|----------|
| Michelle Bellekom | 96 | 10-051 | 1:10.89 | 19-12-14 |
| Marina Welsh | 95 | 10-051 | 1:12.29 | 8-3-13 |
| Karin Simons | 89 | 10-051 | 1:15.23 | 9-3-08 |
| Cathelijin Bogers | 01 | 10-051 | 1:15.70 | 19-7-20 |
| Tamara Hoogenboom | 90 | 10-051 | 1:16.33 | 23-5-09 |
| Moira Loechteken | 00 | 10-051 | 1:19.94 | 24-3-19 |
| Sabrina Everard | 94 | 10-051 | 1:20.18 | 3-3-13 |
| Petra Vermeulen | 90 | 10-051 | 1:20.29 | 15-3-09 |
| Kristiann Koris | 97 | 10-051 | 1:20.43 | 11-3-16 |
| Joanna Konings | 86 | 10-051 | 1:24.50 | 7-3-04 |

200 rugslag

| | | | | |
|--------------------|----|--------|---------|----------|
| Marina Welsh | 95 | 10-051 | 2:35.11 | 15-12-13 |
| Michelle Bellekom | 96 | 10-051 | 2:35.46 | 10-1-15 |
| Tamara Hoogenboom | 90 | 10-051 | 2:45.60 | 16-5-09 |
| Karin Simons | 89 | 10-051 | 2:48.59 | 25-11-07 |
| Nuria Boersma | 01 | 10-051 | 2:52.37 | 12-1-20 |
| Moira Loechteken | 00 | 10-051 | 2:52.71 | 10-2-19 |
| Petra Vermeulen | 90 | 10-051 | 2:53.36 | 16-11-08 |
| Sabrina Everard | 94 | 10-051 | 2:56.87 | 11-11-12 |
| Joanna Konings | 86 | 10-051 | 3:02.64 | 18-1-04 |
| Silvia Remmerswaal | 86 | 10-051 | 3:05.60 | 18-1-04 |

25 schools slag

| | | | | |
|---------------------|----|--------|-------|---------|
| Petra Vermeulen | 90 | 10-051 | 17.11 | 20-6-09 |
| Karin Simons | 89 | 10-051 | 18.36 | 21-6-08 |
| Tamara Hoogenboom | 90 | 10-051 | 18.95 | 20-6-09 |
| Fabienne de Ruijter | 89 | 10-051 | 19.51 | 21-6-08 |

50 schoolslag

| | | | | |
|--------------------|----|--------|-------|----------|
| Petra Vermeulen | 90 | 10-051 | 37.92 | 21-6-09 |
| Michelle Bellekom | 96 | 10-051 | 39.19 | 19-4-15 |
| Nuria Boersma | 01 | 10-051 | 39.20 | 6-10-19 |
| Grace Anderson | 02 | 10-051 | 39.48 | 4-10-20 |
| Karin Simons | 89 | 10-051 | 40.00 | 4-5-08 |
| Tamara Hoogenboom | 90 | 10-051 | 40.00 | 10-5-09 |
| Marina Welsh | 95 | 10-051 | 41.03 | 6-10-13 |
| Kristiann Koris | 97 | 10-051 | 41.98 | 15-11-15 |
| Silvia Remmerswaal | 86 | 10-051 | 42.20 | 20-5-04 |
| Moira Loechteken | 00 | 10-051 | 42.38 | 13-1-19 |

200 schoolslag

| | | | | |
|--------------------|----|--------|---------|----------|
| Nuria Boersma | 01 | 10-051 | 3:04.22 | 12-1-20 |
| Tamara Hoogenboom | 90 | 10-051 | 3:05.30 | 17-5-09 |
| Michelle Bellekom | 96 | 10-051 | 3:08.94 | 18-1-15 |
| Petra Vermeulen | 90 | 10-051 | 3:10.64 | 18-1-09 |
| Moira Loechteken | 00 | 10-051 | 3:12.21 | 10-2-19 |
| Sabrina Everard | 94 | 10-051 | 3:20.10 | 20-1-13 |
| Ingeborg Efdée | 97 | 10-051 | 3:27.45 | 17-1-16 |
| Joanna Konings | 86 | 10-051 | 3:36.46 | 14-3-04 |
| Amanda Hoogenboom | 92 | 10-051 | 3:38.43 | 16-1-11 |
| Silvia Remmerswaal | 86 | 10-051 | 3:43.50 | 21-11-04 |

50 vlinderslag

| | | | | |
|---------------------------|-----------|---------------|--------------|----------------|
| Megan Wainwright | 95 | 10-051 | 30.67 | 7-3-13 |
| Michelle Bellekom | 96 | 10-051 | 32.54 | 19-4-15 |
| Karin Simons | 89 | 10-051 | 32.82 | 9-12-07 |
| Petra Vermeulen | 90 | 10-051 | 33.51 | 21-6-09 |
| Moira Loechteken | 00 | 10-051 | 34.40 | 14-4-19 |
| Sabrina Everard | 94 | 10-051 | 34.73 | 14-4-13 |
| Tamara Hoogenboom | 90 | 10-051 | 34.85 | 5-4-09 |
| Marina Welsh | 95 | 10-051 | 35.29 | 8-12-13 |
| Aukje van Tongeren | 04 | 10-051 | 35.30 | 29-1-23 |
| Silvia Remmerswaal | 86 | 10-051 | 36.15 | 18-4-04 |

200 vlinderslag

| | | | | |
|---------------------------|-----------|---------------|----------------|----------------|
| Tamara Hoogenboom | 90 | 10-051 | 2:45.19 | 23-5-09 |
| Aukje van Tongeren | 04 | 10-051 | 3:21.23 | 11-6-23 |
| Silvia Remmerswaal | 86 | 10-051 | 3:30.42 | 1-2-04 |

200 wisselslag

| | | | | |
|---------------------------|-----------|---------------|----------------|-----------------|
| Michelle Bellekom | 96 | 10-051 | 2:40.51 | 29-3-15 |
| Tamara Hoogenboom | 90 | 10-051 | 2:40.91 | 5-4-09 |
| Karin Simons | 89 | 10-051 | 2:41.01 | 6-4-08 |
| Marina Welsh | 95 | 10-051 | 2:44.54 | 10-11-13 |
| Moira Loechteken | 00 | 10-051 | 2:47.67 | 24-3-19 |
| Petra Vermeulen | 90 | 10-051 | 2:50.48 | 5-4-09 |
| Sabrina Everard | 94 | 10-051 | 2:53.00 | 12-1-13 |
| Aukje van Tongeren | 04 | 10-051 | 3:03.23 | 30-10-22 |
| Joanna Konings | 86 | 10-051 | 3:06.48 | 4-4-04 |
| Amanda Hoogenboom | 92 | 10-051 | 3:09.57 | 3-4-11 |

100 schoolslag

| | | | | |
|-------------------|-----------|---------------|----------------|----------------|
| Petra Vermeulen | 90 | 10-051 | 1:22.28 | 24-5-09 |
| Nuria Boersma | 01 | 10-051 | 1:23.76 | 6-10-19 |
| Grace Anderson | 02 | 10-051 | 1:24.10 | 4-10-20 |
| Tamara Hoogenboom | 90 | 10-051 | 1:26.62 | 7-6-09 |
| Michelle Bellekom | 96 | 10-051 | 1:27.40 | 12-10-14 |
| Marina Welsh | 95 | 10-051 | 1:28.02 | 7-3-13 |
| Karin Simons | 89 | 10-051 | 1:30.19 | 30-9-07 |
| Marlies Hensen | 89 | 10-051 | 1:30.60 | 30-9-07 |
| Dagmar Ros | 04 | 10-051 | 1:30.86 | 2-10-22 |
| Kristiann Koris | 97 | 10-051 | 1:32.03 | 10-3-16 |

25 vlinderslag

| | | | | |
|---------------------|----|--------|-------|---------|
| Karin Simons | 89 | 10-051 | 14.93 | 21-6-08 |
| Petra Vermeulen | 90 | 10-051 | 15.11 | 20-6-09 |
| Tamara Hoogenboom | 90 | 10-051 | 15.44 | 20-6-09 |
| Fabienne de Ruijter | 89 | 10-051 | 16.44 | 21-6-08 |

100 vlinderslag

| | | | | |
|--------------------|-----------|---------------|----------------|-----------------|
| Megan Wainwright | 95 | 10-051 | 1:06.97 | 7-3-13 |
| Karin Simons | 89 | 10-051 | 1:14.23 | 9-3-08 |
| Michelle Bellekom | 96 | 10-051 | 1:14.89 | 11-1-15 |
| Tamara Hoogenboom | 90 | 10-051 | 1:15.63 | 16-5-09 |
| Petra Vermeulen | 90 | 10-051 | 1:16.52 | 15-3-09 |
| Moira Loechteken | 00 | 10-051 | 1:17.11 | 23-3-19 |
| Sabrina Everard | 94 | 10-051 | 1:23.64 | 10-3-13 |
| Dagmar Ros | 04 | 10-051 | 1:24.98 | 20-11-22 |
| Silvia Remmerswaal | 86 | 10-051 | 1:30.85 | 7-3-04 |
| Amanda Hoogenboom | 92 | 10-051 | 1:31.02 | 19-12-10 |

100 wisselslag

| | | | | |
|---------------------------|-----------|---------------|----------------|----------------|
| Karin Simons | 89 | 10-051 | 1:13.92 | 29-6-08 |
| Michelle Bellekom | 96 | 10-051 | 1:14.21 | 21-12-14 |
| Nuria Boersma | 01 | 10-051 | 1:16.70 | 6-10-19 |
| Petra Vermeulen | 90 | 10-051 | 1:16.76 | 21-9-08 |
| Sandra Remmerswaal | 82 | 10-051 | 1:17.77 | 17-9-00 |
| Tamara Hoogenboom | 90 | 10-051 | 1:18.02 | 21-9-08 |
| Aukje van Tongeren | 04 | 10-051 | 1:18.29 | 23-4-23 |
| Dagmar Ros | 04 | 10-051 | 1:20.54 | 19-2-23 |
| Silvia Remmerswaal | 86 | 10-051 | 1:20.94 | 21-2-04 |
| Sabrina Everard | 94 | 10-051 | 1:21.07 | 18-11-12 |

400 wisselslag

| | | | | |
|---------------------------|-----------|---------------|----------------|----------------|
| Tamara Hoogenboom | 90 | 10-051 | 5:34.02 | 9-2-08 |
| Moira Loechteken | 00 | 10-051 | 5:54.24 | 20-1-19 |
| Aukje van Tongeren | 04 | 10-051 | 6:24.13 | 19-2-23 |
| Dagmar Ros | 04 | 10-051 | 6:36.85 | 14-5-23 |