

## 10 snelste zwemsters 16 jaar (stand juni 2020)

16 jaar, Dames

1-9-2000-1-1-2025

Alleen vereniging: 10-051

**25 vrije slag**

Ashley Kretsch	92	10-051	15.42	20-6-09
Amanda Hoogenboom	92	10-051	16.41	20-6-09

**50 vrije slag**

Hannah Mckenzie	96	10-051	28.33	8-3-12
Megan Wainwright	95	10-051	28.90	22-1-12
Cathelijm Bogers	01	10-051	29.03	8-4-18
Kassidy Dawn	99	10-051	29.25	10-3-16
Karin Simons	89	10-051	29.33	22-5-05
Julia Santiago	97	10-051	29.44	7-3-13
Silje Welsh	92	10-051	29.55	18-1-09
Jasmine el Taraboulsi	01	10-051	29.93	8-3-18
Lucy Kirkwood	99	10-051	30.01	10-3-16
Petra Vermeulen	90	10-051	30.10	15-4-07

**100 vrije slag**

Silje Welsh	92	10-051	1:02.51	16-5-09
Julia Santiago	97	10-051	1:03.31	8-3-13
Cathelijm Bogers	01	10-051	1:03.58	18-3-18
Megan Wainwright	95	10-051	1:04.66	4-12-11
Tamara Hoogenboom	90	10-051	1:04.81	20-5-07
Karin Simons	89	10-051	1:05.48	2-10-05
Nuria Boersma	01	10-051	1:05.88	18-3-18
Marina Welsh	95	10-051	1:05.95	17-6-12
Hannah Mckenzie	96	10-051	1:06.27	11-3-12
Kassidy Dawn	99	10-051	1:06.34	11-3-16

**200 vrije slag**

Tamara Hoogenboom	90	10-051	2:19.31	10-3-07
Hannah Mckenzie	96	10-051	2:20.11	8-3-12
Silje Welsh	92	10-051	2:20.84	11-1-09
Megan Albon	98	10-051	2:22.32	6-3-14
Megan Wainwright	95	10-051	2:26.69	2-10-11
Karin Simons	89	10-051	2:27.26	27-11-05
Michelle Bellekom	96	10-051	2:28.12	30-9-12
Jasmine el Taraboulsi	01	10-051	2:30.25	14-1-18
Maya Ball	02	10-051	2:30.69	13-1-19
Petra Vermeulen	90	10-051	2:30.83	4-3-07

**400 vrije slag**

Tamara Hoogenboom	90	10-051	4:50.11	12-5-07
Silje Welsh	92	10-051	5:00.41	12-10-08
Karin Simons	89	10-051	5:12.51	2-4-05
Nuria Boersma	01	10-051	5:12.90	5-11-17
Maya Ball	02	10-051	5:13.79	4-11-18
Petra Vermeulen	90	10-051	5:22.10	10-3-07
Hannah Mckenzie	96	10-051	5:24.26	29-9-12
Ashley Kretsch	92	10-051	5:28.25	12-10-08
Michelle Bellekom	96	10-051	5:32.65	16-12-12
Rachael Kretsch	96	10-051	5:48.99	12-1-13

**800 vrije slag**

Silje Welsh	92	10-051	10:23.04	2-11-08
Tamara Hoogenboom	90	10-051	10:35.19	1-4-07
Michelle Bellekom	96	10-051	11:09.59	24-3-13
Petra Vermeulen	90	10-051	11:09.95	22-10-06
Ashley Kretsch	92	10-051	11:15.76	29-11-08
Maya Ball	02	10-051	11:18.71	3-3-19
Rachael Kretsch	96	10-051	12:11.68	21-10-12
Moiria Loechteken	00	10-051	12:17.96	11-12-16
Nadine Ansink	97	10-051	13:10.67	12-10-13

**1500 vrije slag**

Tamara Hoogenboom	90	10-051	20:34.70	18-11-06
Ashley Kretsch	92	10-051	21:22.67	29-11-08
Maya Ball	02	10-051	21:24.97	3-3-19
Michelle Bellekom	96	10-051	22:29.10	3-11-12

**25 rugslag**

Ashley Kretsch	92	10-051	19.28	20-6-09
Amanda Hoogenboom	92	10-051	19.36	20-6-09

**50 rugslag**

Michelle Bellekom	96	10-051	33.80	14-4-13
Hannah Mckenzie	96	10-051	34.41	29-9-12
Karin Simons	89	10-051	34.58	29-5-05
Jasmine el Taraboulsi	01	10-051	35.14	11-11-17
Nuria Boersma	01	10-051	35.41	8-4-18
Tamara Hoogenboom	90	10-051	35.56	25-2-07
Fabienne de Ruijter	89	10-051	36.10	29-5-05
Marina Welsh	95	10-051	36.25	11-3-12
Lara Plazier	00	10-051	36.56	9-4-17
Megan Albon	98	10-051	36.85	7-3-14

**100 rugslag**

Michelle Bellekom	96	10-051	1:11.77	10-3-13
Jasmine el Taraboulsi	01	10-051	1:14.22	11-11-17
Hannah Mckenzie	96	10-051	1:14.30	7-10-12
Marina Welsh	95	10-051	1:15.02	11-3-12
Megan Albon	98	10-051	1:15.89	7-3-14
Tamara Hoogenboom	90	10-051	1:16.16	19-5-07
Nuria Boersma	01	10-051	1:16.28	11-11-17
Silje Welsh	92	10-051	1:16.78	5-4-09
Karin Simons	89	10-051	1:17.20	24-9-05
Myada El Barkouki	97	10-051	1:18.27	6-10-13

**200 rugslag**

Hannah Mckenzie	96	10-051	2:35.25	11-3-12
Megan Wainwright	95	10-051	2:39.63	22-1-12
Michelle Bellekom	96	10-051	2:40.89	11-11-12
Maya Ball	02	10-051	2:44.70	24-3-19
Marina Welsh	95	10-051	2:45.61	22-1-12
Nuria Boersma	01	10-051	2:45.99	4-2-18
Silje Welsh	92	10-051	2:48.61	18-1-09
Tamara Hoogenboom	90	10-051	2:48.87	25-11-06
Karin Simons	89	10-051	2:49.00	2-4-05
Petra Vermeulen	90	10-051	2:49.44	10-3-07

**25 schools slag**

Amanda Hoogenboom	92	10-051	22.00	20-6-09
Ashley Kretsch	92	10-051	22.32	20-6-09

**50 schoolslag**

Kassidy Dawn	99	10-051	35.51	10-3-16
Lara Plazier	00	10-051	36.50	15-1-17
Petra Vermeulen	90	10-051	37.74	6-5-07
Nuria Boersma	01	10-051	37.94	5-11-17
Tamara Hoogenboom	90	10-051	39.14	12-2-06
Karin Simons	89	10-051	39.32	28-5-05
Marlies Hensen	89	10-051	39.74	6-2-05
Michelle Bellekom	96	10-051	40.11	14-4-13
Jasmine el Taraboulsi	01	10-051	40.63	1-10-17
Helen Nie	96	10-051	40.70	11-11-12

**200 schoolslag**

Nuria Boersma	01	10-051	2:58.64	4-2-18
Lara Plazier	00	10-051	2:59.55	14-1-17
Petra Vermeulen	90	10-051	2:59.66	19-5-07
Jasmine el Taraboulsi	01	10-051	3:01.18	1-10-17
Karin Simons	89	10-051	3:03.33	22-5-05
Tamara Hoogenboom	90	10-051	3:03.36	8-1-06
Maya Ball	02	10-051	3:03.42	7-10-18
Iris de Jong	91	10-051	3:03.80	9-3-08
Helen Nie	96	10-051	3:06.05	10-3-13
Kassidy Dawn	99	10-051	3:08.07	4-10-15

**50 vlinderslag**

Silje Welsh	92	10-051	32.34	16-5-09
Jasmine el Taraboulsi	01	10-051	32.62	11-11-17
Karin Simons	89	10-051	32.83	21-5-05
Julia Santiago	97	10-051	33.19	7-3-13
Lara Plazier	00	10-051	33.21	9-4-17
Nuria Boersma	01	10-051	33.26	4-2-18
Tamara Hoogenboom	90	10-051	33.36	12-5-07
Petra Vermeulen	90	10-051	33.73	12-5-07
Megan Wainwright	95	10-051	34.02	2-10-11
Lucy Kirkwood	99	10-051	34.42	10-4-16

**200 vlinderslag**

Tamara Hoogenboom	90	10-051	2:47.51	10-3-07
Moiria Loechteken	00	10-051	3:14.10	6-11-16

**200 wisselslag**

Jasmine el Taraboulsi	01	10-051	2:37.92	4-2-18
Tamara Hoogenboom	90	10-051	2:41.55	15-4-07
Megan Wainwright	95	10-051	2:42.87	4-3-12
Silje Welsh	92	10-051	2:43.38	16-11-08
Petra Vermeulen	90	10-051	2:44.69	15-4-07
Karin Simons	89	10-051	2:45.47	29-5-05
Michelle Bellekom	96	10-051	2:45.52	16-3-13
Nuria Boersma	01	10-051	2:46.04	12-11-17
Lara Plazier	00	10-051	2:47.07	10-3-17
Maya Ball	02	10-051	2:48.12	10-2-19

**100 schoolslag**

Kassidy Dawn	99	10-051	1:16.29	10-3-16
Lara Plazier	00	10-051	1:20.26	9-3-17
Nuria Boersma	01	10-051	1:22.06	19-11-17
Petra Vermeulen	90	10-051	1:23.98	12-5-07
Karin Simons	89	10-051	1:25.09	21-5-05
Tamara Hoogenboom	90	10-051	1:25.39	6-1-07
Iris de Jong	91	10-051	1:25.59	30-9-07
Jasmine el Taraboulsi	01	10-051	1:26.15	1-10-17
Maya Ball	02	10-051	1:26.78	7-10-18
Helen Nie	96	10-051	1:26.80	30-9-12

**25 vlinderslag**

Ashley Kretsch	92	10-051	17.16	20-6-09
Amanda Hoogenboom	92	10-051	18.86	20-6-09

**100 vlinderslag**

Silje Welsh	92	10-051	1:10.03	16-5-09
Jasmine el Taraboulsi	01	10-051	1:13.23	4-2-18
Tamara Hoogenboom	90	10-051	1:14.52	13-5-07
Julia Santiago	97	10-051	1:15.27	7-3-13
Megan Wainwright	95	10-051	1:15.67	2-10-11
Petra Vermeulen	90	10-051	1:16.18	5-11-06
Karin Simons	89	10-051	1:19.64	24-4-05
Michelle Bellekom	96	10-051	1:21.77	30-9-12
Maya Ball	02	10-051	1:21.82	10-2-19
Maria Clemente	01	10-051	1:22.14	8-3-18

**100 wisselslag**

Megan Wainwright	95	10-051	1:14.43	11-3-12
Silje Welsh	92	10-051	1:14.70	15-3-09
Karin Simons	89	10-051	1:15.15	10-4-05
Tamara Hoogenboom	90	10-051	1:15.37	6-5-07
Petra Vermeulen	90	10-051	1:16.38	17-9-06
Michelle Bellekom	96	10-051	1:16.54	16-9-12
Helen Nie	96	10-051	1:17.09	10-3-13
Marina Welsh	95	10-051	1:18.34	18-9-11
Ivon Hensen	91	10-051	1:19.51	9-3-08
Fabienne de Ruijter	89	10-051	1:19.96	18-9-05

**400 wisselslag**

Tamara Hoogenboom	90	10-051	5:45.15	10-2-07
Karin Simons	89	10-051	5:54.14	12-2-05
Michelle Bellekom	96	10-051	5:55.94	17-3-13
Maya Ball	02	10-051	6:03.90	20-1-19
Ashley Kretsch	92	10-051	6:12.16	9-2-08