

10 snelste zwemsters 19 jaar (stand juni 2020)

19 jaar, Dames

1-9-2000-1-1-2025

Alleen vereniging: 10-051

25 vrije slag

Karin Simons	89	10-051	14.71	20-6-09
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100 vrije slag

Michelle Bellekom	96	10-051	1:04.66	9-1-16
Karin Simons	89	10-051	1:06.56	7-6-09
Tamara Hoogenboom	90	10-051	1:07.92	15-11-09
Petra Vermeulen	90	10-051	1:11.02	4-10-09
Ingeborg Efdée	97	10-051	1:15.05	6-11-16
Silvia Remmerswaal	86	10-051	1:15.07	16-1-05
Amanda Hoogenboom	92	10-051	1:16.28	28-1-12
Inge Conradi	83	10-051	1:22.19	15-12-02

400 vrije slag

Karin Simons	89	10-051	5:13.56	12-10-08
Tamara Hoogenboom	90	10-051	5:13.94	1-11-09
Michelle Bellekom	96	10-051	5:17.42	4-10-15
Silvia Remmerswaal	86	10-051	5:46.56	20-3-05
Amanda Hoogenboom	92	10-051	5:51.84	14-1-12
Ingeborg Efdée	97	10-051	5:52.56	2-10-16

1500 vrije slag

Tamara Hoogenboom	90	10-051	20:23.85	6-12-09
Amanda Hoogenboom	92	10-051	23:39.51	27-11-11
Sandra Remmerswaal	82	10-051	23:43.49	18-3-01

50 rugslag

Michelle Bellekom	96	10-051	33.23	10-4-16
Karin Simons	89	10-051	35.13	28-9-08
Tamara Hoogenboom	90	10-051	37.10	7-3-10
Petra Vermeulen	90	10-051	37.25	17-4-10
Joanna Konings	86	10-051	38.77	24-9-05
Silvia Remmerswaal	86	10-051	39.62	13-3-05
Amanda Hoogenboom	92	10-051	40.58	25-9-11

200 rugslag

Michelle Bellekom	96	10-051	2:39.49	17-1-16
Karin Simons	89	10-051	2:43.56	16-11-08
Tamara Hoogenboom	90	10-051	2:43.76	15-11-09
Amanda Hoogenboom	92	10-051	3:02.48	17-3-12
Joanna Konings	86	10-051	3:08.34	11-9-05
Silvia Remmerswaal	86	10-051	3:11.44	11-9-05

50 schoolslag

Petra Vermeulen	90	10-051	39.78	17-4-10
Michelle Bellekom	96	10-051	40.03	10-4-16
Karin Simons	89	10-051	40.88	18-4-09
Tamara Hoogenboom	90	10-051	41.49	7-3-10
Silvia Remmerswaal	86	10-051	43.23	12-6-05
Sabrina Everard	94	10-051	44.16	6-10-13
Inge Conradi	83	10-051	45.83	6-10-02
Ingeborg Efdée	97	10-051	46.17	13-11-16
Amanda Hoogenboom	92	10-051	46.51	28-1-12

200 schoolslag

Michelle Bellekom	96	10-051	3:18.49	17-1-16
Petra Vermeulen	90	10-051	3:19.91	17-1-10
Amanda Hoogenboom	92	10-051	3:32.22	22-1-12
Silvia Remmerswaal	86	10-051	3:35.65	16-1-05

50 vrije slag

Michelle Bellekom	96	10-051	29.21	29-11-15
Karin Simons	89	10-051	30.35	18-4-09
Petra Vermeulen	90	10-051	30.39	6-6-09
Tamara Hoogenboom	90	10-051	32.57	15-11-09
Silvia Remmerswaal	86	10-051	33.22	20-2-05
Amanda Hoogenboom	92	10-051	34.06	1-4-12
Ingeborg Efdée	97	10-051	35.66	6-11-16
Inge Conradi	83	10-051	38.21	15-12-02

200 vrije slag

Tamara Hoogenboom	90	10-051	2:22.84	15-11-09
Karin Simons	89	10-051	2:24.20	16-11-08
Michelle Bellekom	96	10-051	2:25.82	15-11-15
Silvia Remmerswaal	86	10-051	2:43.81	20-3-05
Amanda Hoogenboom	92	10-051	2:47.39	15-1-12
Ingeborg Efdée	97	10-051	2:48.85	13-11-16

800 vrije slag

Tamara Hoogenboom	90	10-051	10:45.02	1-11-09
Karin Simons	89	10-051	11:23.59	8-3-09
Amanda Hoogenboom	92	10-051	12:15.13	4-3-12

25 rugslag

Karin Simons	89	10-051	17.02	20-6-09
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100 rugslag

Michelle Bellekom	96	10-051	1:12.06	10-1-16
Tamara Hoogenboom	90	10-051	1:15.63	14-3-10
Petra Vermeulen	90	10-051	1:18.00	14-3-10
Karin Simons	89	10-051	1:18.70	15-3-09
Silvia Remmerswaal	86	10-051	1:23.85	13-3-05
Amanda Hoogenboom	92	10-051	1:26.87	11-3-12
Joanna Konings	86	10-051	1:32.46	11-9-05
Inge Conradi	83	10-051	1:42.70	15-9-02

25 schoolslag

Karin Simons	89	10-051	18.64	20-6-09
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100 schoolslag

Petra Vermeulen	90	10-051	1:26.36	7-3-10
Tamara Hoogenboom	90	10-051	1:26.66	7-3-10
Michelle Bellekom	96	10-051	1:27.39	4-10-15
Karin Simons	89	10-051	1:28.64	5-10-08
Sabrina Everard	94	10-051	1:34.40	6-10-13
Amanda Hoogenboom	92	10-051	1:39.15	17-6-12
Inge Conradi	83	10-051	1:40.10	15-9-02
Silvia Remmerswaal	86	10-051	1:41.00	16-1-05

25 vlinderslag

Karin Simons	89	10-051	15.39	20-6-09
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10 snelste zwemsters 19 jaar (stand juni 2020)

50 vlinderslag

Karin Simons	89	10-051	33.13	3-5-09
Michelle Bellekom	96	10-051	33.58	10-4-16
Tamara Hoogenboom	90	10-051	35.35	14-3-10
Silvia Remmerswaal	86	10-051	36.45	20-2-05
Sabrina Everard	94	10-051	37.38	10-11-13
Amanda Hoogenboom	92	10-051	40.14	15-4-12
Joanna Konings	86	10-051	40.25	24-9-05
Ingeborg Efdée	97	10-051	45.96	6-11-16

200 vlinderslag

Tamara Hoogenboom	90	10-051	3:07.96	20-3-10
Sabrina Everard	94	10-051	3:14.87	9-3-14
Amanda Hoogenboom	92	10-051	3:19.13	12-2-12
Silvia Remmerswaal	86	10-051	3:35.62	13-2-05

200 wisselslag

Michelle Bellekom	96	10-051	2:40.12	15-11-15
Karin Simons	89	10-051	2:40.19	5-4-09
Tamara Hoogenboom	90	10-051	2:44.29	9-1-10
Amanda Hoogenboom	92	10-051	3:05.73	1-4-12
Silvia Remmerswaal	86	10-051	3:05.87	11-9-05
Joanna Konings	86	10-051	3:09.50	11-9-05
Ingeborg Efdée	97	10-051	3:14.15	6-11-16

100 vlinderslag

Karin Simons	89	10-051	1:15.58	28-9-08
Tamara Hoogenboom	90	10-051	1:16.29	14-3-10
Michelle Bellekom	96	10-051	1:18.88	18-12-15
Sabrina Everard	94	10-051	1:20.46	10-11-13
Joanna Konings	86	10-051	1:29.04	24-9-05
Silvia Remmerswaal	86	10-051	1:29.41	13-3-05
Amanda Hoogenboom	92	10-051	1:30.71	11-3-12

100 wisselslag

Michelle Bellekom	96	10-051	1:13.02	18-12-15
Petra Vermeulen	90	10-051	1:13.90	6-6-09
Karin Simons	89	10-051	1:15.61	21-9-08
Tamara Hoogenboom	90	10-051	1:17.04	20-9-09
Sabrina Everard	94	10-051	1:20.23	6-10-13
Joanna Konings	86	10-051	1:25.01	18-9-05
Ingeborg Efdée	97	10-051	1:27.26	2-10-16
Amanda Hoogenboom	92	10-051	1:29.30	6-11-11
Silvia Remmerswaal	86	10-051	1:29.48	18-12-05
Inge Conradi	83	10-051	1:39.32	6-10-02

400 wisselslag

Tamara Hoogenboom	90	10-051	5:57.92	7-2-10
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